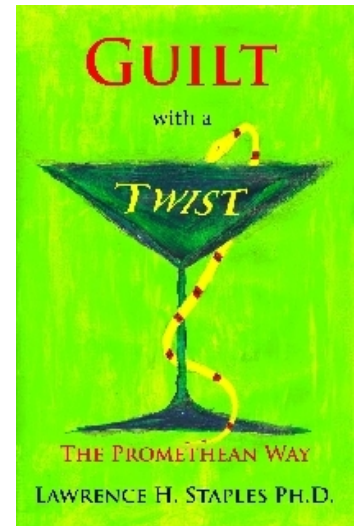


The C.G. Jung Society of Saint Louis Presents Lawrence Staples, MBA, Ph.D

LECTURE - "Guilt With a Twist: The Promethean Way"

Lecture: Fri., April 24, 7:00 - 9:30 P.M.
First Congregational Church UCC
6501 Wydown, Clayton, MO 63105
Fee: Friends - \$15 Others - \$20
Full-time Students - \$10

This lecture presents an unconventional view of the role of sin and guilt in our lives. In common parlance, the words "good" and "guilt" do not belong together. Twenty years of experience by this still practicing 76 year-old psychoanalyst confirm the useful role that sin and guilt can play in our psychological development. Many thoughts, feelings and behavior that are considered "forbidden fruit" in the first half of life can become nourishing in the second. Examples might include giving up family-approved careers, divorce, or expressing qualities previously rejected as unacceptable, such as selfishness, or the contra-sexual side of ourselves. We must work to integrate the "sinful", previously rejected parts of ourselves, the devalued opposites, and bear guilt in order to have wholeness.



WORKSHOP "Dealing With Guilt's Contradictions"



Workshop: Sat., April 25, 11:00 A.M. - 3:30 P.M. (NOTE LATER START TIME)
First Congregational Church UCC
6501 Wydown, Clayton, MO 63105
Fee: Friends - \$55 Others - \$65 (Includes Lunch)
Students - \$33 (No lunch)

Guilt is a major cause of depression, anxiety, paranoia and suicide. This view is not widely held among medical and mental health professionals. Long before the advent of the DSM, Lady Macbeth's guilt-induced decline into mental disorder and suicide dramatically and accurately portrayed the psychological damage that guilt can inflict on the human psyche. While the more common presenting symptoms of anxiety and depression can be extremely painful and dangerous, we bear those feelings more easily and with less threat to ourselves than we can bear our feelings of guilt, felt as indisputable evidence that we are bad, that we have somehow sinned. Guilt and self-esteem cannot compatibly share the same house at the same time.

In this workshop, participants will learn to distinguish the psychological from the religious definition of sin and guilt, and will learn ways to detect guilt's presence, understand its meaning, and assuage its pain.

Lawrence H. Staples, MBA, Ph.D is a Jungian analyst and licensed psychoanalyst in private practice in Washington, DC. He has a Ph.D. in psychology, and is a member of NAAP, the American Boards for Accreditation and Certification, IAAP, AGAP, and the Jungian Analysts' Association of the Greater Washington Metropolitan Area. His special areas of interest are the problems of midlife, creativity and guilt. Dr. Staples' publications include *Guilt with a Twist: The Promethean Way*, and a manuscript entitled *Guilt Therapy*, soon to be published by Fisher King Press.

