

The C.G. Jung Society of Saint Louis Presents Leah Friedman, Ph.D.

LECTURE - "Hestia, Hekate, and Hermes: Archetypal Guides to Late Life"



Lecture: Fri., July 17th, 7:00 - 9:30 P.M.
First Congregational Church UCC
6501 Wydown, Clayton, MO 63105
Fee: Friends - \$15 Others - \$20
Full-time Students - \$10

How is aging viewed in our culture, and how might we resist many of the predominantly negative stereotypes? Hestia, Hekate, and Hermes are especially useful archetypes and guides for late life. Hestia offers stability, continuity, and equilibrium; Hekate exemplifies the perils and promises of choices and transitions; whereas Hermes, messenger and trickster, provides energy, creativity, and resourcefulness. This lecture will explore these aspects and how they can be applied as a fresh understanding of the late life experience.

WORKSHOP - "The Art of Growing Old: Embracing Constancy, Complexity and Change"

Workshop: Sat., July 18th, 10:00 A.M. - 3:30 P.M.
First Congregational Church UCC
6501 Wydown, Clayton, MO 63105
Fee: Friends - \$60 Others - \$70 (Includes Lunch)
Students - \$35 (No lunch)

This workshop will enable us to discover ways in which constancy, complexity, and change manifest in our lives, and how these qualities can be helpful as we develop the art of growing old. We will have an opportunity to meditate as we walk an indoor labyrinth. After lunch we will have a special ceremony during which we initiate those who wish to consciously embrace their role as elders, persons who have begun to harvest the wisdom of their years and are committed to transmitting that wisdom to future generations.

Leah Friedman received her PhD in Mythological Studies from Pacifica Graduate Institute in 2002, at age 73. As a young woman, she worked with disabled and deaf children, and after the birth of two daughters was a stay-at-home Mom. In her 50s she became a fine art photographer and later devoted time to creating and conducting rituals. After reading, studying, and working with a Jungian analyst, at age 69 Leah decided to enter graduate school to deepen her understanding of mythology and depth psychology. At age 80, she now has written a book about her life and is currently interested in the experience of growing old. Some of her reflections can be read on her blog, "Musings of a Crone," www.Leahsbook.com.

