

The C.G. Jung Society of Saint Louis Presents Shirley Fontenot, D.Min

LECTURE - Season Opener: Sandtray, Wine & Cheese”



Lecture: Sept. 18, 6:30 P.M.–9:30 P.M.
First Congregational Church UCC
6501 Wydown, Clayton, MO 63105
Fee: Friends - \$15 Others - \$20
Full-time Students - \$10

For our “Season’s Opener” Wine and Cheese, the lecture/discussion will be “An Introduction to Sandplay / Sandtray - A Jungian Perspective”, followed by refreshments. Is a picture really worth a thousand words? In sandtray we rely on image to access levels of psyche inaccessible through words. An image or picture that touches what is truly one’s self is worth more than a thousand words: such an image or picture has the power to heal. .

In this Keynote presentation, Shirley will provide an overview of the sandtray process, using word and image, and will explain the role sandplay can have in a depth analysis.

From Shirley’s website <http://web.me.com/shirleymfontenot> :

Sandplay is a nonverbal, nonrational, form of therapy in which small figures are selected and placed in the sandtray by the client to give concrete outer expression to internal experience. In this process the role of the analyst is to witness, to observe, and appreciate the process, never to judge or evaluate. The sandtray scene exists as both an outer and an inner reality and functions symbolically between both worlds. Sandplay can be understood as embodied active imagination that can access and free repressed energy promoting healing and psychological growth. The effectiveness of Sandplay is based on the assumption that there is a fundamental drive toward healing and wholeness in the human psyche. Sandplay provides a free and protected space which enables that process.

Shirley Fontenot, D.Min., received her Diploma in Analytical Psychology from the C.G. Jung Institute of Chicago in 1993. She is a Jungian analyst in private practice in St. Louis. Shirley specializes in Sandtray and the intersection of Jungian Psychology and Spirituality. Shirley can be contacted at (314) 726-0079 or (314) 740-0105. Her e-mail address is shirleyfontenot@gmail.com and her website is <http://web.me.com/shirleymfontenot>.

