



C G JUNG INSTITUTE  
OF CHICAGO

## **A Week-long Summer Intensive in the Clinical Use of Sandplay**

Monday through Friday      June 23 through June 27, 2008      9:30 – 4:00

### **A Journey Through Life Stages: Exploring Psychological Development in Sandplay**

\$495 – 30 CE per week      \$450 pre-registration      \$125 – 5 CE per day

Sandplay is a therapeutic modality in which small figures are selected and placed in a sandtray by the client to create an environmental expression of an internal experience. The therapist/analyst witnesses this process. Like a dream, figures in a sandplay scene portray events on many levels simultaneously: inner/outer, objective/subjective, personal and collective. Sandplay expressions are symbolic yet concrete - embodying fantasy while activating body memories. The medium of sandplay allows an active imaginal engagement of pre-verbal affects and images that can promote the development of the symbolic function essential to psychological growth.

This week-long seminar will provide an in-depth exploration of the theory and practice of sandplay as a therapeutic modality. Through lectures, discussion, slides with case presentations, and selected readings, the class will trace the life stages of human development through the use of sandplay within the context of Jungian theory.

Monday Morning, June 23

History and Method of Sandplay  
with Terri Sweig:

The history, theory, and practice of Sandplay as a therapeutic modality with its roots in Jungian archetypal psychology will be highlighted. Sandplay promotes active incorporation of play and imaginative freedom, providing a method for creatively accessing and containing unconscious processes essential for psychological growth, healing, integration, and individuation. Participants will engage in making and processing a personal sandtray. Historical and theoretical underpinnings of Sandplay including Kalf, Lowenfeld, and Winnicott, and current Sandplay practice will be presented. Slides and discussion will highlight Sandplay spaces, categories of miniatures, and clinical case material of Sandplay Therapy with children, adolescents, and adults.

Monday Afternoon, June 23

Archetypal Themes in Sandplay with Ken James

In this seminar, participants will create sand trays and examine them from an archetypal perspective, including comparative mythology, religion, number symbolism, color symbolism, and symbolic features of general patterns and shapes in two and three dimensions. Guidelines for developing awareness of archetypal themes in Sandplay also will be discussed.

Tuesday Morning, June 24

Thresholds of Initiation Through Sandtray

with Stephanie Fariss

Throughout the life cycle, we encounter alternating themes of death and rebirth appropriate for that particular rite of passage. Every transition from one phase of life is experienced as a death, and yet it also opens us to a new way of being. These thresholds of initiation convey the universal quality of the archetype as it is filtered through the life of the individual. In this class we will examine a series of initiatory stages as they are expressed in sandtray images.

Tuesday Afternoon, June 24

Along the Way

with Jan Nakao and Judith Robinson

From the moment of conception until our death, human beings strive towards wholeness. Wholeness is both a potential and a capacity. We will consider main themes over the life cycle from birth through death. These themes will evoke a focus in the here and now that is relevant to a given person's particular life circumstances. We will move from reflection to journal writing; and through paying attention to inner process, allow the images that emerge to guide expression in drawing and Sandplay.

Wednesday, June 25

Child Development and Sandplay

with Caryl Pripusich

In this seminar, participants will synthesize the Sandplay theories of both Lowenfeld and Kalff to create a containing space in their work with children in the school and agency setting. The containing space of sandplay provides the space within which the development of the child's ego is fostered through gaining a sense of its own interiority. Developing a child's "private speech" is an important part of play. Through play, children gain the capacity for resilience that can transform their internal affective responses to parental complexes. It can also increase the child's capacity to cope with traumatic environments as well as enhance coping skills in later life.

Thursday, June 26

Individuation and the Stages of Life

with Lucia Chambers

In contrast to the typical emphasis on physical and interpersonal development, this seminar will trace a deeper development that takes place in the unconscious: the path of Individuation. Given the opportunity of making sand pictures, the unconscious reveals an archetypal path through the use of symbol and metaphor. Examples of this deeper development will be shown in slides of "Sand Scenes" made by children, adolescents, adults and older adults in clinical treatment using Sandplay. The slides will be accompanied with discussion of the various energies that manifest at each stage. From this deeper perspective, a greater understanding and wonder of the growth of the human psyche can be revealed

Friday, June 27

## The Path of the Archetypal Feminine

with Lucia Chambers

This presentation traces the timeless path of the archetypal feminine as experienced and told since the beginning of recorded time. The first ever recorded is the myth of Inanna, carved on clay tablets from 1750 BC. We will be told this story as translated from the tablet and illustrated by paintings done to accompany the text. Frescos from the Villa of Mysteries in Pompeii will be shown with a discussion of the mysterious and hidden meanings of the initiation into Womanhood. Slides of “Sand Scenes” by women in clinical treatment using Sandplay complete our exploration and rediscovery of the sisterhood of our own development.

Recommended reading: *Sandplay: In Three voices Images, Relationships, the Numinous*, by Kay Bradway, Lucia Chambers, Maria Ellen Chiaia, Routledge, NY. 2005.

Individual supervision in the clinical use of Sandplay with members of the faculty is available throughout the week and on Saturday June 28. Call the Jung Institute to make arrangements at 312-701-0400

Lucia Chambers studied extensively with Dora Kalf, the founder of sandplay therapy, in Switzerland and the US. She is a Founding Member of Sandplay Therapists of America and has assisted in setting up training programs in sandplay across the United States. She is co-author of *Sandplay in Three Voices*. She consults and maintains a private practice in San Jose, California.

Stephanie Fariss is a diplomate Jungian analyst in private practice in Chicago, Evanston, and Wheaton who works with individuals, couples, families and groups. She is especially interested in issues related to diversity and group process, and runs several long-term therapy groups. She holds three degrees from the University of Texas at Austin, and is a graduate and faculty member of the C.G. Jung Institute of Chicago. She serves on various professional boards and committees, teaches in the Institutes Analyst Training Program and Clinical Training Program (CTP), is co-director of the CTP, and presents at national and international conferences.

Ken James maintains a private practice in Evanston, Illinois. His areas of expertise include dream work and psychoanalysis, archetypal dimensions of analytic practice, divination and synchronicity, hypnosis as a therapeutic medium, and Eye Movement Desensitization and Reprocessing. He has done post-doctoral work in music therapy and theology, and uses these disciplines to inform his work as a Jungian analyst.

Janice Nakao has practiced in the mental health field for the past 25 years. She serves adults as well as children and adolescents. Currently, she is in private practice in Evanston specializing in Jungian analysis, psychotherapy and clinical supervision.

Caryl Pripusich is a licensed clinical social worker who has worked in schools for over 25 years, she has a vested interest in child development, group process, and staff development. Along with her training as a Jungian analyst, Caryl found using sandtray immensely helpful with children and adolescents who have been traumatized by grief, parental divorce, and deeper psychological stressors. As an analyst, she is especially drawn to children, women's issues, and spirituality. Currently, Caryl offers sandtray workshops for IL School Social Workers who work with “at risk” students.

Judith Robinson is a Jungian Analyst and Nurse Practitioner in private practice in Evanston, Illinois. Her work encompasses thirty years of experience providing direct clinical services, training and supervision, as well as program development and management. Her abiding interest is in the way a person's unique potential can emerge out of response to profound loss, grief, and limitation. She works extensively with individuals navigating major life transitions.

Terri L. Sweig Ph.D., ATR-BC, LCPC holds a Ph.D. in Clinical Psychology with an emphasis in Jungian Depth Psychology from Pacifica Graduate Institute. She is a Registered/Board Certified Art Therapist and Licensed Clinical Professional Counselor in private practice in Highland Park with children, adolescents, and adults. Currently she is Adjunct Assistant Professor in the Graduate Art therapy Program at The School of the Art Institute of Chicago and Adjunct Graduate Art Therapy faculty at The Adler School of Professional Psychology, Chicago. She has published and presented her work in Art Therapy, Sandplay Therapy, trauma and recovery, and self care for therapists nationally and internationally.